

GLAMOUR

**WHOA!
New Sex
Secrets
Guys Keep**

How to Deal With
Dirty Texting, Facebook
Flings & Everything
Else He's Up to Now

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of 2009**

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(and Her Love List)

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for Night

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Sexy Belly
Almost
Instantly
(No More
Spanx!)**

**YOUR
MOST
PERSONAL
BODY
QUESTIONS
EVER**

We Answer
Them All,
Even the
Grody Ones

JUNE 2009



Plus Triplets Face a Tragic Past

“THE SEX SECRET I’VE NEVER TOLD ANYONE”

Those out-there thoughts you have when you’re in bed with your guy? The racy fantasies that float through your head at the gym? Find out what’s normal, what’s not and what’s worth sharing with him. BY SERENA KIM

ALMOST EVERY WOMAN ALIVE has been to group sex therapy. It’s called cocktails with friends, and it involves dissecting everything from bedroom dry spells to Mr. Took Two Minutes. But be honest—aren’t there some things you just won’t say, even after the second martini? “Generally, women share stuff that they feel is pretty normal, to get reassurances that friends have had similar experiences,” says Ian Kerner, Ph.D., a sex and relationship counselor in New York City. “But anything that’s morally or culturally taboo they’re not going to discuss, because there’s seemingly no benefit, only the risk of embarrassment.” Thing is, it’s good—and helpful—to get perspective on risqué sex thoughts and cravings, too. So we asked readers to open up about theirs, and then we got top experts to make sense of them all. Is *your* secret in here? *Continued on next page* ➔

CHRIS CRAYMER: STYLIST: MARISA CRAWFORD; HAIR: THOMAS MCKIVER FOR BOND ACADEMY; MAKEUP: MATTHEW SKY FOR SARAH LAIRD INC.; MANICURE: SANDRA HOPP; ON HER: ELLE MACPHERSON LINGERIE, ADRIENNE LANDAU BOA